



DANCE IMPRESSIONS

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2022-2023 REC DANCE CLASS SCHEDULE - MORNING

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON
INTRO 2 DANCE 9:30-10:10 AM ages 2.5 - 3 1st yr	TAP / TECH/TUMBLE 9:30-10:45 AM ages 5 - 6 1st/2nd yr					TAP/TECH/TUMBLE 1 9:30-10:30 AM ages 4 - 6 1st/2nd yr	DYNAMICS 3 9:30-10:15 AM ages 5 - 6 2nd/3rd yr
DYNAMICS 1 10:15-11:00 AM ages 3 - 4 1st/2nd yr	INTRO 2 DANCE 10:00-10:40 AM ages 2.5 - 3 1st yr				INTRO 2 DANCE 10:15-10:55 AM ages 2.5 - 3 1st/2nd yr	DYNAMICS 1-2 10:30-11:15 AM ages 3 - 5 1st/2nd yr	TUMBLE / JAZZ 10:15-11:00 AM ages 4 - 6
TUMBLE / JAZZ 11:00-11:45 AM ages 4 - 6	DYNAMICS 2 10:00-11:45 AM ages 4 - 5 1st/2nd yr				DYNAMICS 1 11:00-11:45 AM ages 3 - 4 1st/2nd yr		TUMBLE / JAZZ 11:00-11:45 AM ages 4 - 6
	DYNAMICS 1 10:45-11:30 AM ages 3 - 4 1st yr						
	DYNAMICS 2 10:45-11:30 AM ages 4 - 5 1st/2nd yr						

2022-2023 REC DANCE CLASS SCHEDULE - AFTERNOON & EVENING

MONDAY		TUESDAY		WEDNESDAY		THURSDAY	
BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON	BOUNTIFUL	FARMINGTON
COMBO FUN 2 4:00 - 5:30 PM ages 6 - 8	TUMBLE / JAZZ 4:00 - 4:45 PM ages 4 - 5	DYNAMICS 1-2 4:00 - 4:45 PM ages 3 - 4 1st/2nd yr	DYNAMICS 1-2 4:00 - 4:45 PM ages 3 - 4 1st/2nd yr	CLASSICS 1-2 4:00 - 5:00 PM ages 4 - 5	CLASSICS 1-2 4:00 - 5:00 PM ages 4 - 5	DYNAMICS 2-3 4:00 - 4:45 PM ages 4 - 5 2nd/3rd yr	DYNAMICS 1 4:15 - 5:00 PM ages 3 - 4 1st/2nd yr
PRE TEEN COMBO 4:00 - 5:30 PM ages 9+	COMBO FUN 1 4:15 - 5:45 PM ages 4 - 6	TUMBLE / JAZZ 4:00 - 4:45 PM ages 4 - 5			COMBO FUN 1 4:15 - 5:45 PM ages 5 - 7	TUMBLING 1 4:45 - 5:45 PM ages 6 - 8	TAP/TECH/TUMBLE 3 4:30 - 5:45 PM ages 6+
JAZZ / HIP HOP 1-2 6:15 - 7:15 PM ages 7+	COMBO FUN 2 4:15 - 5:45 PM ages 7 - 9	TAP/TECH/TUMBLE 3 4:15 - 5:30 PM ages 6+	JAZZ / HIP HOP 1-2 6:15 - 7:15 PM ages 8 - 10		TUMBLING 1-2 5:00 - 5:45 PM ages 7+	TUMBLING 1-2 6:30 - 7:15 PM ages 7+	TUMBLE / JAZZ 5:00 - 5:45 PM ages 5 - 6
ADV OPEN TECH* 6:30 - 7:30 PM ages 12+	CLASSIC 2-3 5:45 - 6:45 PM ages 5 - 6	COMBO FUN 1 4:45 - 6:15 PM ages 5 - 6	PRE TEEN COMBO 7:15 - 8:30 PM ages 10+		PRE TEEN COMBO 5:45 - 7:00 PM ages 9+ <i>requires teacher approval</i>	TEEN COMBO* 7:00 - 8:00 PM ages 12+	TUMBLING 1-2 6:45 - 7:45 PM ages 7+
INTERMEDIATE OPEN TECH* 7:15 - 8:15 PM ages 10+	JAZZ / HIP HOP 2 6:45 - 7:45 PM ages 9+	JAZZ / HIP HOP 1 6:15 - 7:15 PM ages 6 - 8			BALLET INTRO* 7:00 - 8:00 PM ages 8+		ADV OPEN TECH* 7:30 - 8:45 PM ages 12+
	TEEN COMBO* 7:45 - 9:15 PM ages 12+				JAZZ / HIP HOP 1 7:00 - 8:00 PM ages 7+		

*THIS CLASS DOES NOT PARTICIPATE IN SEASONAL SHOWCASES OR RECITALS

FREE TRIAL CLASS FOR NEW STUDENTS!

Beginner to advanced levels welcome! **Classes begin Tuesday, September 6 and will run through Thursday, May 25.** Unless otherwise noted in class descriptions, **Recreational Dance Classes perform in the Winter Showcase** (December 14-15) **& Spring Recital** (May 19-20). Wait lists will be created when classes fill. New classes will be created as necessary.



READY? SCAN HERE FOR CLASS DESCRIPTIONS AND TO REGISTER TODAY!

CLASS DESCRIPTIONS

JAZZ | TAP | BALLET | CONTEMPORARY | HIP HOP

INTRO 2 DANCE

Classes meet 1 x per week for 45 minute **ages 2.5 - 3**
 This fun class is designed to introduce the youngest of dancers to dance. Dancers must be a minimum of 30 months by 9/1/2022. Students will explore musicality, movement and creativity while instilling a love for dance through basic ballet skills. Pink ballet shoes are required for the recitals. When the class is ready, the teacher will instruct you to get black tap shoes.

DYNAMICS OF DANCE, LEVELS 1-3

Classes meet 1 x per week for 45 minutes **ages 3 - 6**
 A curriculum of classes at different levels as young dancers age and progress in ability up through kindergarten. Elementary tap & ballet principles are at the core and the focus is on the joy of movement. Curriculum levels are standard 1, 2 and 3 with increasing complexity. Black tap and pink ballet shoes required.

- Dynamics 1-2** = 3-4 year olds in the 1st year of dance
- Dynamics 2-3** = 4 year olds in their 2nd year, 5 yr. olds in first year
- Dynamics 3** = 5-6 year olds in their 2nd or 3rd year of dance

CLASSICS OF DANCE

Classes meet 1 x per week for 60 minutes **ages 4 - 6**
 This fun-filled class provides students interested in learning the classic forms of ballet and tap an opportunity to gain exposure. It offers structure for the more focused dancer and includes ballet exercises, center floor work and across the floor combinations. Black tap and pink ballet shoes required.

- Classics 1-2** = 4-5 year olds
- Classics 2-3** = 5-6 year olds
- Classics 3** = 6+ year olds

TUMBLE/JAZZ

Classes meet 1 x per week for 45 minutes **ages 4 - 6**
 Perfect for those dancers who can't sit still. This class focuses on basic tumbling and dance skills to develop strength, coordination, balance, musicality, timing, and flexibility in an active environment. It's a wonderful introduction to a social classroom situation for both boys and girls. No shoes are required for this class.

TAP, TECHNIQUE & TUMBLE, LEVELS 1-3

Classes meet 1 x per week for 60-90 minutes **ages 4 - 6+**
 A fun class focused on three important styles of dance for dancers in kindergarten and older. Dancers will learn rhythm, ambidexterity and timing in tap, flexibility, strength, and basic tumbling skills. Dancers will also gain a basic technical foundation of ballet and jazz. A great combo class allowing dancers to explore three important genres. Levels progress in complexity. Black tap shoes required.

- Level 1** = 4-5 yrs. **Level 2** = 5-6 yrs. **Level 3** = 6+ yrs.

TUMBLING, LEVELS 1-2

Classes meet 1 x per week for 60 minutes **ages 6 - 8**
 Pair a tumbling class with one of our dance classes and you've just cooked up a recipe for fun! With small classes and hands-on instruction, tumbling students receive one-on-one attention. The class focuses on proper technique to promote safety and healthy body alignment. Level 2 has a prerequisite of a backbend kick over. No shoes are required for these classes.

COMBO

Classes meet 1 x per week for 90 minutes **ages 5 - 12+**
 Combination classes are a great way for students to experience different types of activity with the main focus on having fun and enjoying dance. Classes are structured in different segments of ballet, jazz, contemporary, hip hop or tumbling skills depending upon age and specified class time. Dancers will be able to explore popular genres leading the industry and work to build the necessary strength and conditioning required for dance success. Dancers wear jazz shoes, foot undeez or bare feet for this class.

- Combo Fun 1** = 5-7 year olds **Combo Pre-Teen** = 9+ year olds
- Combo Fun 2** = 7-9 year olds **Combo Teen*** = 12+ year olds

JAZZ & HIP HOP

Classes meet 1 x per week for 60 minutes **ages 6 - 10+**
 A popular class concept that infuses the funky style of hip hop with the technical side of jazz. Students will learn the fundamentals of each style such as isolations and flexibility. Levels progress and increase in complexity. This class will encourage students to dance outside of the box and bring their own personality to each movement. We pride ourselves on being a family oriented dance studio and go out of our way to find clean age-appropriate music. Light soled sneakers, and jazz shoes or foot undeez are required.

- Jazz & Hip Hop 1** = 6-8 year olds **Jazz & Hip Hop 2** = 9+ year olds
- Jazz & Hip Hop 1-2** = 8-10 year olds

BALLET INTRO*

Classes meet 1 x per week for 60 minutes **ages 8+**
 Dancers begin to move through the rudimentary structure of a standard ballet class, including barre and center practice, while greatly expanding their knowledge of movement and terminology. The goal for this class is to solidify basic movements and develop greater awareness of technical concepts.

INTERMEDIATE OPEN TECH*

Classes meets 1 x per week for 60 minutes **ages 10+**
 An intermediate jazz technique class combining ballet and modern dance with current forms of popular dance. Classes include warm up, isolations, stretches, across the floor progressions, and jazz choreography combinations. This class is for dancers with previous experience who like precision and rhythm, physical challenges, and personal style and expression.

ADVANCED OPEN TECH*

Class meets 1 x per week for 60 minutes **ages 12+**
 This class will help prepare students for drill team tryouts as well as help progress those currently on dance teams or looking to refine their technique. Dancers focus on leaps, jumps, turns, showmanship, jazz technique and kicks. It's a fun way to improve technique, while strengthening and gaining flexibility and adding skills. Dancers develop coordination, body form, rhythm and balance.

TEEN OPEN HIP HOP*

Class meets 1 x per week for 45 minutes **ages 12+**
 A great class for guys or girls who want to learn up to date choreography and are interested in hip hop styles and movement. Hip hop incorporates a variety of urban, street and pop dance styles and is very dynamic, helping dancers improve flexibility, balance, and coordination. As a family oriented dance studio, we go out of our way to find clean, age appropriate music. Dancers may wear any clothing they can move freely in and clean, light soled shoes.

*Classes do not participate in seasonal showcases or recitals.

TUITION

Hrs./Week	Tuition	Early Rate	Hrs./Week	Tuition	Early Rate	Hrs./Week	Tuition	Early Rate
40-45 Mins.	\$48	\$38	2 Hours	\$93	\$83	4.5 Hours	\$166	\$156
55-60 Mins.	\$58	\$48	2.5 Hours	\$109	\$99	5 Hours	\$179	\$169
1.25 Hours	\$68	\$58	3 Hours	\$124	\$114	5.5 Hours	\$191	\$181
1.5 Hours	\$80	\$70	3.5 Hours	\$138	\$128	6 Hours	\$205	\$195
1.75 Hours	\$88	\$78	4 Hours	\$152	\$142	Additional Hours	Half Hour = \$13	Hour = \$26

- Tuition is due the 1st of every month.
- Early Rate: \$10 discount if paid by the 15th of the preceding month.
- Tuition is calculated by the sum total of a family's account and hours.
- \$35 Annual Registration Fee or \$55 Annual Family Registration Fee
- **Registration fee and first month's tuition is due at time of registration.**
- 4.1% credit card processing added to all credit card charges.